

Hema Sharma

CURRICULUM VITAE

Surname: Sharma

First Name: Hema

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Date of Birth: 29.06.1987

Nationality: Indian

Present Occupation: Programme Assistant

EDUCATIONAL QUALIFICATION

University/ Institute	Year	Subject(s)	Degree
Vinayaka Missions University	2019-2020	Physical & Mental health and Illness Community Organization Social Group Dynamics & Social Change	MSW
University of Rajasthan	2008-2011	Political Science Sociology Public Administration	B.A.
POSH	2025		Certificate

Work Experience

Year	Experience
April 2024 – Present	Program Assistant & Trainer, CUTS International Organization
Aug 2022 – 2024	Consultant Magic Bus India Foundation (Education Department – Shiksha Sankul)
Dec 2019 – July 2022	Cluster Coordinator Mamta Health Institute for Mother and Child DWCD-ICDS (Vedanta Nand Ghar Project)

Work Experience:

- Coordinated with **Anganwadi Workers** for the implementation of ICDS programs at the community level.
- Conducted awareness sessions on **nutrition, health, and hygiene** in rural and community settings.
- Organized **life skills training sessions for adolescent girls** in schools and communities.
- Conducted training and awareness programs on **menstrual hygiene (Mahamari awareness)** for adolescent girls.
- Provided information to women and girls on **personal hygiene, nutrition, and health care practices**.
- Supported **nutrition and health activities at Anganwadi centers**.
- Organized **health and nutrition awareness programs** for children, women, and adolescent girls.
- Facilitated **Self Help Group (SHG) meetings** to promote women's empowerment and community participation.
- Supported SHG members in accessing **government schemes and financial literacy programs**.
- Conducted **community meetings and group discussions** on health, education, and social development issues.
- Guided adolescent girls on **menstrual health management and personal hygiene**.
- Conducted **field visits and household interactions** to strengthen community engagement.
- Managed **data collection, reporting, and documentation** related to project activities.
- Coordinated with **volunteers and field staff** for training and program implementation.
- Actively contributed to programs focused on **health, nutrition, women empowerment, and SHG development**.
